UNIQUE TO QUEBEC CITY

Since its inception, L’École de danse de Québec (L’EDQ) has set the standard for dance education in Québec City. Known for its quality instruction, the school is mandated by the provincial ministry to provide professional training in contemporary dance. Of the three schools in the province that share this mandate, L’EDQ is the only one based outside of Montreal. L’EDQ offers a student-focused program built on pedagogical approaches and creative processes that are as wide-ranging as they are cutting-edge. In partnership with the Cégep de Sainte-Foy, the program is geared towards passionate, dedicated dancers aspiring to a career in performance. L’EDQ also offers the Dance-Studies (Danse-Études) and Concentration in dance (Concentration danse) programs, which allow elementary and secondary school students to experience this artistic practice within a professional setting. Firmly rooted in its community, the school is distinguished by its highly skilled faculty, its dynamic synergy with dance professionals, and its contributions to cultural life in Québec City.

Trained in the very heart of the city, in the vibrant neighbourhood of Saint-Roch, L’EDQ dancers are recognized, in demand, and active on the regional, national and international stage. Mindful of making dance accessible to the largest number of people, and aware of Québécois’ strong desire to engage with this art form, L’EDQ is also accredited and funded for the high level of its recreational programming for the general public. L’EDQ is characterized by the diversity of its dance styles, the professionalism of its courses, and the variety of its audiences.

QUEBEC CITY: Is culturally and artistically dynamic: Hosts both seasoned and emerging artists Houses a large pool of art and culture consumers.

QUEBEC AN UNDENIABLE HUB FOR PROFESSIONAL DANCE

Quebec City is a true gem. Safe and dynamic, it places culture at its core. Key dance organizations contribute to the vibrancy of the city and are now celebrated beyond its borders. These include presenters such as the La Rotonde centre for contemporary choreography in Québec City and the Grand Théâtre de Québec, companies such as Le fils d’Adrien danse, Code Universel, Alan Lake Factori(e) and Danse K par K, training centres such as L’École de danse de Québec and L’Artère for development and training in contemporary dance, and even the Maison pour la danse (opening in 2017), where members of Québec City’s professional dance community come together to create, to train and to exchange ideas. These organizations attest to the rise of professional dance in Québec City.

Most emerging dance artists in Québec City were trained at L’EDQ, and they not only find work in the capital but increasingly aspire to remain in the city in order to pursue their artistic careers within an engaged community. Professionals from a variety of milieus share a very strong desire to collaborate, develop, innovate and work together in promoting arts and culture. Contemporary dance is no exception, regularly making its voice heard at all kinds of events, festivals and exhibitions, and in various projects and performances.
The profession of a performing artist in contemporary dance is thrilling and requires a great deal of discipline, a high level of physical and artistic skill, and refined creativity.

L’ÉCOLE is well-recognized for its teaching standards, which meet the high demands of contemporary dance. Dancers can therefore expect to participate as independent artists in individual projects, to work with professional dance collectives and/or to go on tour with national or international contemporary dance companies.

“I’m fortunate to have been invited by L’École de danse de Québec to create two works for their senior students. Each time, I encountered a group of young dancers who were as inspiring as they were inspiring, who were ready to challenge themselves, and who were, all the while, in control of their lives as dancers and of the performance they were rehearsing for.”

“I didn’t set out to have a career in dance. I’d actually wanted to be an actor. But one day, a friend brought me to an audition for the professional program at L’École de danse de Québec... and suddenly my life completely changed! L’ÉCOLE opened up a whole new world for me in terms of how the body could express itself through movement. And now, 31 years later, I make my living from dance, creating dances. I have the greatest job in the world, getting to express myself through movement and getting to present my work to so many people. And all of this was thanks to L’École de danse de Québec because, once upon a time, they believed in me.”

“L’École de danse de Québec is a well-rounded, inspiring, high-quality training centre. Thanks to the teachers who share their knowledge, the opportunity to interact with established artists who offer concrete access to the richness of the profession, and the vibrant coalition and support among students, L’ÉCOLE is a venue where meeting others, no matter who they are, allows individuals to learn more about themselves. For me, L’ÉCOLE marked an important step, a turning point in my artistic and personal life.”

HÉLÈNE BLACKBURN
CHOREOGRAPHER, CAS PUBLIC

HAROLD RHEAUME
CHOREOGRAPHER, LE FILS D’ADRIEN DANSE

SÉBASTIEN COSSETTE-MASSE
DANCER (COMPAGNIE MARIE CHOUINARD, DUSSODANSE) AND TEACHER

“L’École de danse de Québec is a well-recognized, inspiring, high-quality training centre, which meet the high demands of contemporary dance. Dancers can therefore expect to participate as independent artists in individual projects, to work with professional dance collectives and/or to go on tour with national or international contemporary dance companies.”
BECOMING A CONTEMPORARY DANCER

The Dance-Performance (Danse-interprétation) program aims to develop dancers who are able to adapt to the esthetic plurality of contemporary dance and perform at a high skill level, both physically and artistically.

Preferred teaching methods promote in-depth learning, calling on students to be active participants in the various creative processes and pedagogical approaches they encounter. Dance is taught in a dynamic way where teachers provide explanations and physical demonstrations of the movement, which students immediately put into practice. Classes are held in studio, accompanied by professional pianists and percussionists, and include practical workshops in which students practice and receive instant feedback from the teacher.

The program is firmly rooted in current dance practices and builds on two guiding principles: that contemporary dance allows the body’s full expressive potential to develop, thereby preparing students for the diversity of today’s choreography; and that ballet complements contemporary dance by offering students a solid technical foundation.

In order to support dancers’ technical and expressive development, the program favours teaching that is centred on functional anatomy, contributing to fully developing the physical qualities that are essential to working as a dancer: agility, coordination, mobility, flexibility, strength, balance and endurance. In keeping with the latest trends in contemporary dance training, the program features the Feldenkrais and Franklin® methods, as well as yoga and Pilates.

Dance performers develop their skills under the guidance of a team of trained educators, active professional artists, and national and international master teachers and choreographers. Therefore, whether during regular class hours or in intensive programs, master classes or residencies with guest teachers and choreographers, students are exposed to multiple influences and become well-rounded artists. Lillian Barbeito, Mélanie Demers, Marc Boivin, Sasha Ivanochko, Sylvain LaFontaine, Sharon B. Moore, Tedd Robinson, Nina Wollny are just some of the many artists who have left their mark on L’EDQ.

Dancers are trained in a way that respects the integrity of their body through safe and healthy practices.
DEC DANCE PERFORMANCE

L’EDQ offers a three-year training program, leading to a Diplôme d'études collégiales (DEC 561.BB) with the Cégep de Sainte-Foy. This is the one and only program in Quebec City accredited by both the ministère de la Culture et des Communications and the ministère de l’Éducation, de l’Enseignement supérieur et de la Recherche. Students take their general education courses (French, English, Philosophy, Physical Education) at the Cégep de Sainte-Foy and their specialized dance courses at L’EDQ. Schedules are designed to allow for transit between the two institutions. Between 25 and 30 hours per week, for six terms, are devoted to dance studies.

AEC CONTEMPORARY DANCE

An Attestation d'études collégiales (AEC NRC0A), consisting of a three-year program without an academic component, is also offered to national and international candidates and to residents of the province of Quebec. Admission criteria apply.

PPMN (PROFESSIONAL TRAINING UPGRADE PROGRAM)

A GATEWAY TO SUPERIOR TRAINING

L’EDQ offers a professional training program to young dancers as well as to artists from related disciplines (e.g., theatre, circus) who are interested in upgrading their contemporary dance skills. The practical in-studio training is geared towards body awareness and technical skill development. The program is well-suited to candidates who need to improve their skills and obtain the prerequisites for the DEC or AEC programs. The PPMN is a full-time day program that consists of 20 hours of training per week, for a total of more than 700 hours per season, and follows the post-secondary school academic calendar.

For any additional information, contact us: pro@ledq.qc.ca / 418-649-4715 ext. 223.

A DAY IN THE LIFE

ARE YOU PASSIONATE ABOUT DANCE?
DO YOU WANT TO BE PART OF A SPECIALIZED DANCE PROGRAM?
ARE YOU CONSIDERING A CAREER AS A PROFESSIONAL CONTEMPORARY DANCER?

Choose the day that works for you, and come experience the day-to-day life of a dancer studying in the L’EDQ professional training program. Your day will include participating in classes and workshops, meeting with students and teachers, sitting in on courses and touring the studios. Register through the Cégep de Sainte-Foy (www.cegep-ste-foy.qc.ca/etudiantdunjour), or contact us directly.

IMPORTANT DATES:

Open Houses for the professional training program and for the Cégep de Sainte-Foy:
NOVEMBER 21ST, 2016
JANUARY 30TH, 2017

Auditions for the professional training program:
MARCH 5TH AND MAY 4TH, 2017
Dancers in the L’EDQ professional training program begin their year with the summer intensive, where they develop their skills in contemporary dance through a comprehensive learning approach. Dancers start each day off by preparing themselves physically through conditioning, Pilates, the Franklin Method® or yoga. Daily classes in contemporary dance and in ballet ensure that dancers develop strong technique. Composition, improvisation and repertory classes round out a typical day. Throughout the four-week program, students also attend seminars and other activities.

STAGE EXPERIENCE

Students are invited to experience the stage by participating in a variety of public performances. More than mere presentations, these performances give students the opportunity to draw on and deepen skill sets developed throughout the term or year. Through these experiences, dancers feed their passion, immerse themselves in the realities of stage-life, and ultimately allow their virtues as performing artists to shine.

ENRICHMENT PROGRAMMING

Throughout their training, students routinely participate in master classes, intensives and residencies. They enjoy national and international exchanges with other schools or professional dance teaching programs. They participate in such events as Journée du milieu in Quebec City and collaborate on projects to maintain regular contact with professionals and other community members. They enjoy special reduced rates for performances at La Rotonde.

GRADUATING STUDENTS RECEIVE:

- Support through a mentoring program.
- Students can participate in a major choreographic project, presented on the national stage at the Canada Dance Festival in Ottawa.
- They take part in Montreal’s Danse Transit, an event geared towards integrating provincial (Quebec) graduating students into the professional world.
- L’EDQ also offers students free access to studio classes during the first two years after graduation.

STUDENT SERVICES

- Studios that meet professional practice standards and are outfitted with leading-edge equipment.
- A specialized workout room with Pilates equipment, stationary bikes and elliptical machines.
- Coaches and specialists, available on-site to provide guidance and partner support.
- Resource services for holistic health, in partnership with La Artère.
- Kitchen space for breakfast, snack and lunch breaks, equipped with refrigerators and microwave ovens, and providing L’EDQ members with a venue for meeting up, interacting and unwinding.
- A documentation room with periodicals, dance publications and other technological equipment.
- Dominique Turcotte scholarship fund: L’EDQ supports its students by absorbing some of the tuition fees associated with dance training (selection is based on set criteria). Additional information is available upon request.

STUDENTS LIVING OUTSIDE OF QUEBEC

Students living outside of the province of Quebec should consult the “Formation professionelle” - “Formation supérieure” section of our website, which provides information about which programs are available and what procedures to follow.

THE L’EDQ FINAL PROJECT

The final project is first and foremost a diploma requirement. In year three, the program relies significantly on reinvesting acquired skills in an integrative project. Throughout their studies, dance performance students develop career management and entrepreneurial skills. As performing artists, they collaborate with renowned choreographers, notably including in recent years Yvann Alexandre, Lina Cruz, Karine Ledoyen and Company 605. Consequently, students are able to immerse in the dance worlds of various artists, deepen their reflection on dance, and mature as creative individuals. The final project provides a toolkit that enables students to embark seamlessly on their professional career.
The application (including payment) can be completed online through the L’EDQ website, under “Inscrivez-vous!” (located at the top of the page).

Candidates will then receive a notification by mail confirming their participation in the auditions. Attendance is mandatory. On the audition day, each candidate is asked to attend an individual interview and subsequently participates with the other candidates in a warm-up class, an improvisation class and two technique classes, one in contemporary dance and one in ballet.

AUDITION PROCESS

TO AUDITION, EACH CANDIDATE MUST SUBMIT A COMPLETED APPLICATION CONSISTING OF:

- The registration form
- Two photographic photos: one portrait shot, and one full head-to-toe shot of the candidate in dancewear
- One letter of recommendation
- A brief description of the candidate’s dance training
- A copy of the candidate’s birth certificate
- The $50 audition fee

The application (including payment) can be completed online through the L’EDQ website, under “Inscrivez-vous!” (located at the top of the page).

Candidates will then receive a notification by mail confirming their participation in the auditions. Attendance is mandatory. On the audition day, each candidate is asked to attend an individual interview and subsequently participates with the other candidates in a warm-up class, an improvisation class and two technique classes, one in contemporary dance and one in ballet.

THROUGHOUT THE AUDITIONS, A JURY ASSESSES CANDIDATES BASED ON SET CRITERIA. SPECIFICALLY, CANDIDATES MUST DEMONSTRATE STRENGTHS IN THE FOLLOWING AREAS

- Overall physical fitness
- Authenticity of movement
- Expressiveness, artistry and musicality
- Learning curve and adaptability
- Commitment to the process

Candidates living outside of the province of Quebec may submit a video as a preliminary audition. Candidates who show potential will be invited to attend the auditions. Attendance is mandatory. Videos must be received by February 1st, 2017. The audition fee is $70. Candidates can also audition during the second round of Cégep admissions. For additional information, please contact us.

PROGRAM ADMISSION REQUIREMENTS

GENERAL REQUIREMENTS

For each program, candidates must successfully make it through L’EDQ auditions.

For details about admission to academic programs (DEC, PPMN), please consult the requirements established by our academic partner, the Cégep de Sainte-Foy.

DEC DANCE-PERFORMANCE

Candidates must:

- have an SSD or equivalent;
- meet the Cégep de Sainte-Foy admission requirements:
  - www.cegep-ste-foy.qc.ca/programmes/admission
  - (French-only website).

Students in this program are eligible for financial assistance:
- www.afe.gouv.qc.ca.

AEC CONTEMPORARY DANCE

Candidates are eligible if they:

- have an SSD or equivalent;
- are foreign students, out-of-province Canadian students, or residents of the province of Quebec (some conditions apply).

Quebec resident students are eligible for financial assistance:
- www.afe.gouv.qc.ca.

PPMN (PROFESSIONAL TRAINING UPGRADING PROGRAM)

Candidates must have an SSD or equivalent.

Students are eligible for L’EDQ’s Dominique Turcotte scholarship fund (some conditions apply).

FEES

AEC and PPMN

Administrative and registration fees: $200 (non-refundable)
Tuition fees: AEC $2,700* / PPMN $2,600*

OUT-OF-PROVINCE CANDIDATES

Administrative and registration fees: $200 (non-refundable)
Tuition fees: $5,150*

*Payable in installments
THE DANCE STUDENT AT THE HEART OF THE LEARNING PROCESS

Secondary school dance training at L’EDQ, Dance-Studies (Danse-Études) is geared towards passionate young dancers who aspire to a career in dance as well as those interested in pursuing rigorous daily training in a program recognized by the ministère de la Culture et des Communications and the ministère de l’Éducation et de l’Enseignement supérieur.

The program includes daily ballet classes to ensure students reach their full physical and artistic potential. Training is enriched by work in contemporary dance, pointe, urban and ethnic dance, and choreographic workshops, developing well-rounded and versatile artists. Bodywork, stretching, composition, music and rhythm, and repertory round out the program. In order to meet additional educational goals, students also attend specialized workshops, master classes, performances, and cultural outings and activities. They meet all academic and artistic requirements, with schooling in the mornings provided by the general education institution, and with afternoons devoted entirely to intensive dance training at L’EDQ. Teaching is provided by trained instructors. Programs run from August until June. Between 16 and 18 hours per week are devoted to enrichment classes, depending on the dancer’s age and level.

A DAY IN THE LIFE

Throughout the year, L’EDQ offers the Day in the Life activity. Choose the day that works best for you and allow your son or daughter to spend an afternoon with us, experiencing the day-to-day life of a dancer studying in the Dance-Studies and Concentration in dance programs. This is a great opportunity to check out our programs and see if L’EDQ is a good fit!

OPEN HOUSES

We also welcome you to participate in the open houses organized by our academic partners so you can learn more about their programs. Dates and times are available through their websites:

École secondaire Cardinal Roy
recitcscapitale.ca/cardinalroy/

École primaire des Berges
cscapitale-ecole-desberges.ca/

École secondaire Pointe-Lévy
web.csdn.qc.ca/ecoles/ecole-pointe-levy
AUDITIONS
DANCE-STUDIES

TO AUDITION, EACH CANDIDATE MUST SUBMIT A COMPLETED APPLICATION CONSISTING OF:
- The registration form
- Two photographs: one portrait photo, and one full head-to-toe shot of the candidate in dancewear
- One letter of recommendation
- A brief description of the candidate’s dance training
- A copy of the candidate’s birth certificate
- The $35 audition fee

The application (including payment) can be completed online through the L’EDQ website, under “Inscrivez-vous!” (located at the top of the page).

FOR EACH PROGRAM, CANDIDATES MUST SUCCESSFULLY MAKE IT THROUGH THE L’EDQ AUDITIONS.

TO AUDITION, EACH CANDIDATE MUST SUBMIT A COMPLETED APPLICATION CONSISTING OF:
- The registration form
- Two photographs: one portrait photo, and one full head-to-toe shot of the candidate in dancewear
- One letter of recommendation
- A brief description of the candidate’s dance training
- A copy of the candidate’s birth certificate
- The $35 audition fee

The application (including payment) can be completed online through the L’EDQ website, under “Inscrivez-vous!” (located at the top of the page).

The audits will be held on

SUNDAY,
OCTOBER 30TH, 2016
DE 14H À 17H
In the L’EDQ studios.*

Before a jury of teachers, candidates will participate in a dance class that makes use of established dance vocabulary, steps and sequences. The goal is to assess the young dancers’ existing abilities, within a safe and trusting environment.

CANDIDATES WILL BE EVALUATED IN TERMS OF THE FOLLOWING:
- Physical fitness and potential
- Expressiveness, artistry and musicality
- General coordination
- Interest level

Parents are invited to attend the audits. An information session is also included.

*Additional audits may be held in February, March and April 2017.

PROGRAM ADMISSION REQUIREMENTS
For each program, candidates must successfully make it through the L’EDQ auditions.

DANCE-STUDIES
Candidates must meet the admission requirements for the École secondaire Cardinal Roy (bell.danny@cscapitale.qc.ca) or for the Levi PALS program (Julie.Rajotte@csnavigateurs.qc.ca).

Students from outside the province of Quebec are eligible for financial assistance from the ministère de l’Éducation et de l’Enseignement supérieur for boarding and travel (some conditions apply).

Students are eligible for L’EDQ’s Dominique Turcotte scholarship fund (some conditions apply).

CONCENTRATION IN DANCE
Candidates must meet admission requirements for the École primaire des Berges (duchesne.france@cscapitale.qc.ca).

Students are eligible for L’EDQ’s Dominique Turcotte scholarship fund (some conditions apply).

FEES
ADMINISTRATIVE AND REGISTRATION FEES: $200 (non-refundable)
TUITION FEES: $2,650*
*Payable in instalments

FOR ANY ADDITIONAL INFORMATION, CONTACT:
Mélisa Roy, Coordinator of the Dance-Studies and Concentration in dance programs
mroy@ledq.qc.ca / 418 649-4715 poste 223
Programming for the general public offers children, teens and adults of all ages the chance to practice dance within a high-quality recreational setting. By nurturing the joy of moving, being physical within an artistic discipline encourages individuals to improve technique through solid learning. Depending on their experience and goals, dancers may want to develop, maintain or refine skills that are inherent to dance, such as agility, coordination, mobility, flexibility, strength, balance and endurance.

Accredited by the City of Quebec (Borough of La Cité-Limoilou) and recognized by the ministère de la Culture et des Communications, L’EDQ programming for the general public is offered within a stimulating environment. Enjoy the quality instruction provided by experienced teachers, the energy supplied by musicians in classes featuring accompanists, and the bright spacious studios, just steps from the vibrant neighbourhood of Saint-Roch.

An impressive variety of classes: Dance awakening, Creative movement, Pre-ballet, Ballet/Pointes, Ballet conditioning for 50+, Contemporary, Afro-contemporary, Choreography in Contemporary and Jazz, Hip hop, Jazz, Pilates.

NEW THIS SEASON: Zumba and Urban Contemporary.

THE TROUPES
Dancers who wish to join L’EDQ’s the Troupes will have the opportunity to invest more seriously in the practice of dance, to dedicate themselves to choreographic work, to gain stage experience, and to develop a sense of belonging within a tightly knit group. Admission is by audition at the beginning of the Fall session.

YEAR-END SHOW
The year-end show is an annual, professionally run production that takes place in one of Quebec City’s theatres. More than 250 dancers appear on stage, sharing their passion and energy.

SUMMER CAMP
This day camp allows boys and girls aged 5 to 15 to spend three full weeks focusing on dance, immersed in the exhilarating energy of summer. In the spirited environment of a camp-led by seasoned teachers, camp participants are mentored by enthusiastic counsellors and driven by their shared passion: DANCE. They will discover a range of dance styles through varied programming including classes, summer excursions and cultural outings, and at the end of the camp, will have the opportunity to present their work as part of a stage performance.

AND ALSO:
CHILDREN’S BIRTHDAY PARTIES
SUMMER SESSIONS FOR ADULTS
PRIVATE CLASSES